Compunnel
Healthcare

WORKING FROM HOME TIPS!

Set a schedule and stick to it
Make sure to maintain regular hours.

Have a to-do list
Before starting your day, list down your priorities. Set specific time slots to complete each task.

Take Breaks
Walk away from your computer screen, and give sometime to yourself during the day to move around.

Communicate
Keep connecting with your boss and colleagues frequently. Keep them up to date on your schedule and other work-related matters.

Be Positive
When you work remotely full-time, you must be positive for yourself and your coworkers.